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TITANIC TORY VICTORY

Alberta Premier Alison Redford celebrates her party's victory in the provincial election. Despite polling low for most of the campaign, the party pulled through with around 60 seats. More on pages 3 & 4. JAMES PATON/FOR METRO



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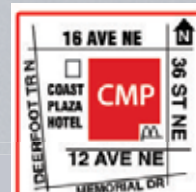
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Calgary riding results

Not all riding results had been confirmed by press time.

Calgary-Acadia.
Jonathan Denis, Progressive Conservative
Calgary-Bow.
Alana S. Delong, PC
Calgary-Buffalo.
Kent Hehr, Alberta Liberals
Calgary-Cross.
Yvonne Fritz, PC
Calgary-Currie.
Christine Cusanelli, PC
Calgary East.
Moe Amery, PC
Calgary-Elbow.
Alison Redford, PC
Calgary-Fish Creek.
Wendelin Fraser, PC (Race had not been officially called at press time)
Calgary-Foothills.
Len Webber, PC
Calgary-Fort .
Wayne Cao, PC
Calgary-Glenmore.
Linda Johnson, PC
Calgary-Greenway.
Manmeet S. Bhullar, PC
Calgary-Hawkwood.
Jason Luan, PC
Calgary-Hays.
Ric McIver, PC
Calgary-Klein.
Kyle Fawcett, PC
Calgary-Lougheed.
Dave Rodney, PC
Calgary-Mackay-Nose Hill.
Neil Brown, PC
Calgary-McCall .
Grant D. Galpin, Wildrose (Race had not been officially called at press time)
Calgary-Mountain View.
David Swann, Liberal
Calgary-North West.
Sandra Jansen, PC
Calgary-Northern Hills.
Teresa Woo-Paw, PC
Calgary-Shaw.
Jeff Wilson, Wildrose (Race had not been officially called at press time)
Calgary-South East.
Rick Fraser, PC
Calgary-Varsity.
Donna Kennedy-Glans, PC
Calgary West.
Ken Hughes: PC

METRO



Wildrose Leader Danielle Smith thanks her supporters after her party claimed 17 seats (at press time), while the ruling Tories grabbed 62. CANDICE WARD/FOR METRO

Tories hold on to majority government

Shifting opposition.
Wildrose claims role as new official Opposition

METRO
STAFF
calgary@metronews.ca

The Tories surged to victory through many of the major centres and much of the northern half of the province, but lost nearly every rural seat in southern Alberta. At press time, they appeared poised to capture a definitive majority with more than 60 legislative seats.

Moments after delivering her victory speech at a con-

ference hall in downtown Calgary, Progressive Conservative Leader Alison Redford said her party made a conscious choice to stay positive throughout the campaign.

"We were focused on delivering a positive, constructive plan that made sense to the people of Alberta to build our future," she said.

Supporters at Wildrose party headquarters in High River wouldn't let the spirits of their leader be dampened as she was ushered in with a chorus of cheers at the Highwood Golf and Country Club.

Smith addressed the crowd and spoke of forming a strong Opposition and challenging the PC party in the next provincial election.

Standings

As of press time, the parties had claimed the following number of ridings:

- Progressive Conservatives: 62
- Wildrose: 17
- Alberta Liberals: 4
- Alberta New Democrats: 4

"We wanted to do better, and we expected to better. Am I surprised? Yeah. Am I disappointed? Yeah. Am I discouraged? Not a chance," she said.

Smith suggested Alberta might not be ready for a Wildrose government.

The Wildrose ousted the Liberal party as the official opposition, with party leader Raj Sherman only narrowly winning his seat.

"The Liberals, we're coming back," Sherman said. "We have started some very important conversations in this province."

Brian Mason, the re-elected leader of the NDP, said he was thrilled to see the NDP claim four seats, as of press time.

"We've doubled our seats and that's official party status," he said. **WITH FILES FROM JEREMY NOLAIS, DARREN KRAUSE AND HEATHER MCINTYRE**

1 NEWS

On the web

Bulldog has his day

Tyson, a beloved English bulldog, doesn't bite ears like his namesake, boxer Mike Tyson, but he does bear the title of champion. The two-year-old pup with a fetching face and winning personality was crowned the winner of this year's "Beautiful Bulldog" pageant Monday in Des Moines, Iowa. Full story at metronews.ca

Mobile news



Tweed-clad protesters upset that Abercrombie & Fitch's laid-back look will be coming to London's Savile Row took to the street Monday. The American chain is set to open in the same shop where the Beatles gave their final performance from the rooftop on Jan. 30, 1969. Scan for the story

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NDP doubles seat count. Mason still preaches 'maturity'



Alberta NDP Leader Brian Mason and his wife, Karin Mason, celebrate the winning of his seat in Edmonton on Monday. JASON FRANSON/THE CANADIAN PRESS

Four seats out of the Alberta legislature's 87 may not seem like much, but it was a cause for celebration by the province's New Democrats in the provincial election Monday.

"We're going to need a slightly bigger phone booth!" beamed Leader Brian Mason as he spoke to enthusiastic supporters, who chanted his name and cheered as the results came in.

The four seats — all in Edmonton — are twice what the NDP had going into the campaign, which is enough for official party status and the extra resources that come with it.

"It doubles our voices," Mason said.

"That gives us the opportunity to be that voice that stands up in the legislature for public health care. We forced (Progressive Conservative Leader) Alison Redford during the campaign to say she would not privatize health care and we are going to hold her to that."

Mason, the oldest of the four major party leaders at 58, began the campaign on an elder statesman note.

Five days into the race, he chided his rivals for what he called a "negative tone" in exchanges between Redford, Wil-

drose Leader Danielle Smith and top Liberal Raj Sherman. He made the point in letters written to each of them.

On Monday night, he suggested that the Conservatives benefited from voter concerns about comments from some Wildrose candidates that were widely seen as anti-gay and racist.

"What disturbed me is not that they had some people among their candidates that had those views, but that Danielle Smith would not distance herself from them," said Mason. "That bothered me and it probably bothered a lot of other voters as well."

Mason conceded that the NDP might have wielded more clout if the vote had left them with the balance of power. But he promised to work with the government that Albertans elected — and warned the Tories and Wildrose that he expects the same from them.

"There's certainly been a lot of animosity between the PCs and the Wildrose, and that was evident in the legislature. I think it's up to both of those parties to approach the public's business in a mature and responsible way." **THE CANADIAN PRESS**



A woman walks past a sign directing voters to a polling station along Edgepark Boulevard in northwest Calgary Monday morning. JEREMY NOLAIS/METRO

Loss still a victory for Wildrose party

Strategy. Pundits say homophobic, climate-change comments changed people's view of Danielle Smith's party along the way

Closer look

"It was the right strategy, but eventually it had to come around to the point where people would start looking at their candidates."

Calgary-based blogger Joey Oberhoffner, who thinks a closer look at some of the party's candidates eventually hurt the Wildrose.

Jumping from just four seats to become the official Opposition is a monumental success, says political blogger Dave Cournoyer of Daveberta.ca.

"I'm not sure you could say they've gone wrong," he said. "They went from electing no one in the last elec-

tion, to electing someone in a byelection, to getting three Tories to cross the floor, to going to a large, officially Opposition position."

Political scientist Duane Bratt with Mount Royal University agreed their growth is a success, but added comments from Wildrose candi-

dates such as Ron Leech and Allan Hunsperger and even Danielle Smith regarding climate change hurt the party along the way.

"I think those were important things that led to doubts and questions about Wildrose," said Bratt.

Calgary-based blogger Joey Oberhoffner said the strategy was riding on Smith and a closer look at some of the party's candidates eventually hurt the Wildrose.

"It was the right strategy, but eventually it had to come around to the point where people would start looking at their candidates."



KATIE TURNER
katie.turner@metronews.ca

Despite failing to clinch a majority hold on the Alberta legislature, the Wildrose can claim victory, according to political observers.

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Writing was on the chalkboard for PCs

The kids called it.

As of 1:30 p.m. Monday, nearly 90,000 elementary and high school students from 695 schools across the province had cast their ballot during a mock election held by Student Vote.

The preliminary results had Redford's PC party winning 53 seats to form a majority government, with the Wildrose winning 22 seats to become the official Opposition.

The vote had the Liberals winning six seats and

the NDP earning five seats. Danielle Smith was the only leader of the four major parties who did not win her seat, as decided by the students.

"This is the best election we've had in Alberta," said Student Vote chief election officer Taylor Gunn of the number of students who participated in the election.

Gunn said a large part of the process was the lead-up to the vote; students learned about the various platforms and were able to pose ques-

tions to candidates, which were answered over YouTube.

"The whole point is that the kids are actually educated and engaged before they actually cast a ballot."

Student Vote results have mirrored the outcome of the actual election in terms of who the governing party is in 15 of 18 elections, including last year's federal election.

Mock elections have been conducted since 2003.

KATIE TURNER/METRO



Bret McCann, centre, speaks to media at RCMP K Division headquarters in Edmonton on Monday, along with his wife Mary-Ann and RCMP Staff Sgt. Shawn LeMay. HEATHER MCINTYRE/METRO

Vader charged with first-degree murder in McCann deaths

Unanswered questions. Couple's son says unknown location of bodies a 'constant gnawing at our insides'



HEATHER MCINTYRE
Metro in Edmonton

Nearly two years after a St. Albert couple went missing, RCMP have charged a man long identified as a suspect with first-degree murder.

RCMP announced Monday that Travis Vader, 40, has been charged in the deaths of Lyle and Marie McCann.

"This is an excellent day for

our family," said the couple's son, Bret McCann. "We are very relieved, as ... this has been quite an ordeal."

"We have waited a long time for this arrest, almost two years."

The family has been meeting with RCMP every four to six weeks since the investigation began, also making public pleas for information and raising reward money.

The \$60,000 through Crime Stoppers is still available, as the family would like to know the location of the bodies.

"I'm sure somebody out there knows," said Bret. "We're hoping Mr. Vader can help."

RCMP Staff Sgt. Shawn LeMay said the investigation remains ongoing but wouldn't reveal any other details, nor what prompted the charges against

Timelines

- **Discovery.** The couple, in their 70s, left for B.C. on July 3, 2010. Two days later their burned-out motorhome was found near Edson.
- **Suspect.** Vader was first named a person of interest on July 16, 2010 — the same day the missing SUV the couple had been towing was found in the Edson area.

Vader, who was arrested while in custody at the Edmonton Remand Centre on unrelated charges.

Vader will appear in Edson court on May 15.

Investigation. Several businesses destroyed in northeast fire: Officials

The Calgary Fire Department is investigating a fire that destroyed a number of businesses in the northeast Monday morning.

Fire crews were called to a strip mall on the 5000 block of Castleridge Boulevard at about 1:40 a.m. Monday.

No one was injured during the fire, but EMS did transport one patient from the scene.

The patient is said to be connected to one of the businesses and may have been suffering from chest pains.

This is the second fire

Mystery fires

2

This is the second fire to occur in the area in less than a week.

to rip through this area in under a week. So far, no connection between the two fires has been made.

Crews remained on scene most of Monday.

There's no word on the cause of the fire and the investigation on both fires is ongoing. **THE CANADIAN PRESS**

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Via Maryland. City hires controversial new planning GM

The City of Calgary has hired a new general manager of planning and development, announced Monday morning at a scheduled council meeting, but he leaves his former job under a cloud of controversy.

Rollin Stanley will become the new head of planning, after having served since 2008 as the director of planning for Montgomery County, Md.

Stanley comes to Calgary after recent controversial statements in Maryland. According to the Washington Post, Stanley's resignation from Montgomery County came less than one month after he had to issue a retraction for com-

Rollin Stanley

Stanley is expected to begin his work with the city in June.

- According to a city release, Stanley was chosen after a lengthy international search to replace outgoing manager David Watson.

ments made in a Maryland magazine describing residents opposing his development views as "rich white women," who were "sowing discord."

METRO

Open house

Clearwater Legacy Park unveiled

The public is invited to an open house Wednesday night as city officials unveil a new concept plan for the Clearwater Legacy Park. The park will cover 160 acres of virtually untouched land. METRO

False alarm

Suspicious package closes LRT station

Police closed Calgary's Chinook LRT station and surrounding roads early Monday amid reports of a suspicious package. Investigators were eventually able to determine there was no threat to the public. METRO

Cops, Kennedy mark Victims of Crime Awareness week

VAST. Calgary Police Service celebrates the 98 volunteers who make up the Victim Assistance Support Team

CANDICE WARD

calgary@metronews.ca

Stepping away from being a victim, Sheldon Kennedy is shedding light on accessing victim services during National Victim of Crime Awareness Week.

"I have learned a lot in the past 14 years since I started this advocacy for children," said Kennedy.

"I think it is up to us (the victims) to reach out and access these programs for ourselves."

Monday marked the start of National Victims of Crime Awareness Week and Calgary Police Service is celebrating 35 years of Victim Services.

"(Let's) keep the victims of crimes in our thoughts



Chief Rick Hanson; Karen Venables, victim of crime; Mary Anne Kinnell, court support co-ordinator with the victim assistance unit; and Sheldon Kennedy kick off National Victims of Crime Awareness Week on Monday. CANDICE WARD/FOR METRO

for the rest of the week," said Kennedy.

Police Chief Rick Hanson was on hand to extend a big thank you to those who volunteer with the Victim Assistance Support Team (VAST).

"People who have never been a victim will never understand," said Hanson.

One of those volunteers includes Mary Anne Kinnell, who was helped by VAST when her nine-year-old daughter was a victim of sexual abuse, and is now a volunteer with VAST.

"Every day I strive to be that support that that volunteer was to me," said Kinnell.

Volunteers sought

- About 18,000 victims each year are supported by VAST.
- CPS VAST team is currently looking for volunteers for their services.

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George Zimmerman, left, walks out of the intake building at the John E. Polk Correctional Facility with an unidentified man on Sunday in Sanford, Fla. BRIAN BLANCO/THE ASSOCIATED PRESS

Zimmerman released on bail

Bail. Now-infamous figure in teen's death puts up \$15,000 US toward \$150,000 bail

In a low-key event, George Zimmerman was released from a Florida jail on \$150,000 US bail as he awaits his second-degree murder trial in the fatal shooting of unarmed teen Trayvon Martin.

The neighbourhood-watch volunteer walked out of the Seminole County jail around midnight Sunday. He was fol-

lowing another man and the two then got into a BMW and drove away.

Zimmerman gave no statement as he left the suburban Orlando jail.

His ultimate destination is being kept secret for his safety and it could be outside Florida.

As with the July 2011 release of Casey Anthony, the Florida woman acquitted of murder in the death of her young daughter, Zimmerman was released around midnight. But the similarities end there.

Anthony was quickly whisked away by deputy sheriffs armed with rifles as angry protesters

jeered her. While news helicopters briefly tracked her SUV through Orlando before she slipped from public view, there was no such pursuit of Zimmerman, who will have to return for trial.

Circuit Judge Kenneth Lester said at a hearing Friday that Zimmerman cannot have any guns and must observe a 7 p.m.-6 a.m. curfew. Zimmerman also surrendered his passport.

Zimmerman had to put up 10 per cent, or \$15,000, to make bail. His father had indicated he might take out a second mortgage.

THE ASSOCIATED PRESS

Evidence

Gun found in case of murder-kidnap

Bloody jeans and a handgun believed to be the murder weapon were found in the apartment of a Texas woman accused of kidnapping a newborn boy after fatally shooting his mother, authorities said at a Monday hearing.

Verna McClain, who is accused of shooting Kala Golden outside a Houston pediatric centre last week and abducting her three-day-old son, will remain jailed after a judge denied her bond at the hearing. The boy was found safe.

Investigators believe McClain was desperate for a baby after suffering a miscarriage, and her attorneys have said they planned to review her mental state.

"This was a cold, calculated murder, not only meant to deprive Kala Golden of her life, but to abduct her child," District Attorney Brett Ligon said during the bond hearing. A detective said McClain initially told investigators she found the baby on her doorstep, but authorities say she later confessed.

THE ASSOCIATED PRESS

Norway. Breivik claims sanity tests are 'racist'

Anxious to prove he's not insane, confessed mass killer Anders Behring Breivik told a court Monday that questions about his mental health are part of a racist plot to discredit his extreme anti-Muslim ideology.

Breivik, who has admitted to killing 77 people in a bombing and youth-camp massacre, said that no one would have asked for a psychiatric examination had he been a "bearded jihadist."

"But because I am a militant nationalist, I am being subjected to grave racism," he said. "They are trying to delegitimize everything I stand for."

Breivik rejects criminal guilt for the rampage on July 22, saying the victims had betrayed their country by embracing immigration.

Even the defence admits there is virtually no chance of an acquittal, so the key issue to be determined in the trial is whether Breivik is criminally insane.

Two psychiatric examinations reached opposite conclusions on that point. In a statement to the court, the Norwegian Board of Forensic Medicine asked for additional information from two psychiatrists who found Breivik sane, saying



Anders Behring Breivik, left, and his defence lawyer Geir Lippestad.

HEIKO JUNG/THE ASSOCIATED PRESS

their report was incomplete.

Breivik himself insists he is sane, and accuses the prosecutors of trying to make him look irrational. "I know I'm at risk of ending up at an insane asylum, and I'm going to do what I can to avoid that," he told the court.

Breivik became defensive as prosecutors quizzed him about the 1,500-page manifesto he posted online before the attacks. It describes codes of conduct for the "Knights Templar" group that he claims to belong to. Prosecutors don't believe it exists. THE ASSOCIATED PRESS

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Oda repays taxpayers for stay at posh hotel

Conference controversy.

International Development Minister racks up sizable bills at swanky Savoy

International Development Minister Bev Oda repaid taxpayers Monday for the cost of rejecting one five-star hotel in London, England and rebooking at a swankier establishment at more than double the rate.

Oda's office revealed the reimbursement about eight hours after The Canadian Press first reported the hefty lodging bills and three days after the agency began asking questions about the expenses.

Spokesman Justin Broekema said Oda paid the fee difference between the two hotels, as well as the cancellation fee at the first one.

Oda was originally supposed to stay at the Grange

St. Paul's Hotel, site of the conference on international immunizations she was attending.

Instead, she had staff rebook her into the posh Savoy overlooking the Thames, an old favourite of royalty and currently owned by Prince Alwaleed of Saudi Arabia.

Oda had a luxury car and driver in London shuttling her between the conference site, her new hotel and beyond at an average cost of nearly \$1,000 a day. There was no indication from her office whether any of those travel costs were reimbursed.

An orange juice Oda expensed from the Savoy cost \$16.

"The minister preferred not to stay at the Grange St. Paul's upon our arrival there and we had to pay," says a note on an expense sheet.

In last month's budget, the Canadian International Development Agency suffered cuts that rang in this year at \$380 million.

THE CANADIAN PRESS



International Development Minister Bev Oda, at a donors conference in London. BEN FISHER/THE CANADIAN PRESS

Big spender

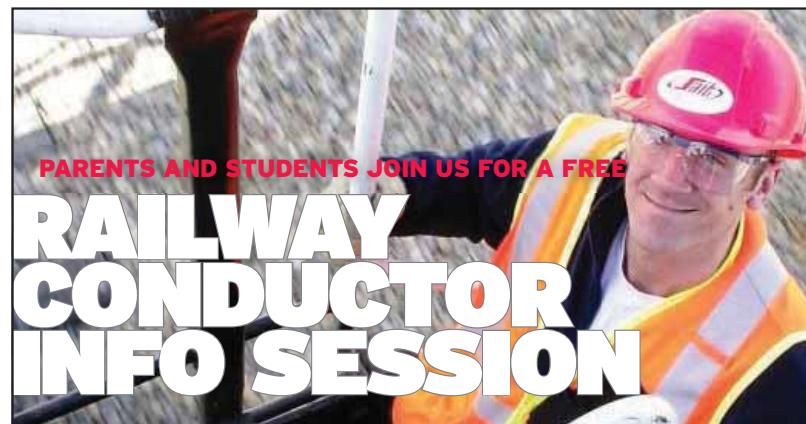
The switch is reminiscent of a controversial trip six years ago, when Oda rejected a minivan for transportation and opted for a limousine instead.

- **Juno Awards.** In 2006, she used limousines to ferry her to and from the Juno Awards in Halifax, racking up \$5,475 in bills.
- **Payback.** When the expenses were criticized in the House of Commons, she said she had reimbursed the federal treasury \$2,200.
- **And ... again.** A year later, Oda billed taxpayers more than \$1,200 for another limousine ride to a government event and party activity.

Quotable

"Can one night at the Savoy be justified? I suppose if you're in a high-flying rock band, but as a minister who's meant to be engaging with the world's most poor ... the hypocrisy is reeking."

Nathan Cullen, NDP House Leader



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Integrity of riding's election results questioned



Former MP Borys Wrzesnewskij is shown at his bakery in Toronto.

ADRIEN VECZAN/THE CANADIAN PRESS

A series of essentially clerical errors were enough to undermine the integrity of a federal riding's election results, an Ontario court was told Monday.

In seeking to overturn last May's vote in Etobicoke Centre, lawyers for the losing candidate argued the integrity of the system depends on the result being set aside and a byelection ordered.

"These are issues that affect everyone in this country," lawyer Gavin Tighe said. "It is a true national issue."

Former Liberal MP Borys Wrzesnewskij lost by 26 votes to Conservative Ted

Opitz in last year's election that swept Prime Minister Stephen Harper to a majority government.

Among other things, Wrzesnewskij maintains that Elections Canada officials may have allowed some ineligible voters to cast ballots and some may have voted twice.

"This isn't a Liberal or Conservative issue; this is a Canadian issue," Tighe told Ontario Superior Court Justice Thomas Lederer.

"If people have no confidence in the process, it is pretty doubtful they will participate in it."

Wrzesnewskij's chal-

Case

Wrzesnewskij goes to court Monday to challenge his defeat in last year's federal election.

- **Complaints.** Many of Wrzesnewskij's complaints revolve around forms incorrectly filled out by polling clerks and improper vouching records for those who weren't registered.

a court is being asked to rule on a contested election using Part 20 of the Canada Elections Act.

The section allows an elector or candidate to seek to invalidate a riding vote if "there were irregularities, fraud, corrupt or illegal practices that affected the results."

Tighe made it clear he was not alleging fraud or corruption, but said the rules are there for a reason and have to be followed strictly.

"When you're not governed by the rule of law, you're governed by the rule of force."

THE CANADIAN PRESS

Controversy

B.C. ads offering gender selection criticized

The federal cabinet minister responsible for the status of women is condemning advertisements running in B.C. that offer gender selection for couples wanting a baby.

Rona Ambrose says she's disturbed by the ads that target B.C.'s Indo-Canadian community.

A clinic in Bellevue, Wash., offers pre-conception gender determination services for what the ads call "family balancing purposes".

Ambrose says it's clear the ads are targeting cultural attitudes that perpetuate discrimination against girls.

She says the ads run contrary to Canadian values where men and women are equal under the law.

THE CANADIAN PRESS

Protests

Quebec calls for truce with student protesters

The Quebec government is calling for a "truce" from student groups before it agrees to any meeting.

It wants the province's three main student groups to swear off disruptive protest tactics like those in Quebec in recent weeks.

So far, the province and student groups have been unable to agree even on conditions for a meeting, with the presence of the most radical group, called the C.L.A.S.S.E., still a main sticking point.

The two sides are even farther apart when it comes to the more substantive issue that has inflamed Quebec this spring: tuition hikes.

THE CANADIAN PRESS

Fighter jets

Air force raises budget questions

The air force has raised questions about whether enough has been budgeted to train pilots for the F-35 stealth fighters.

About \$1.3 billion was set aside for training, simulators and other infrastructure under the Harper government's proposed \$9-billion capital purchase of the radar-

evading jets.

But documents obtained under the Access to Information Act show air force planners have been concerned about the dollar projection.

That's because it was calculated for the standard Defence Department estimate of 20 years of flying, rather than the lifetime of the aircraft, which is estimated at 36 years.

THE CANADIAN PRESS

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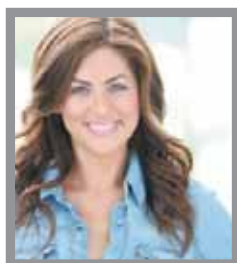
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Singer testifies in family murder case

Trial. Three years after the murder of members of her family, Jennifer Hudson faces the accused in court



Singer and actress Jennifer Hudson testifies Monday at the murder trial of William Balfour.
TOM GIANNI/THE ASSOCIATED PRESS

Oscar-winner Jennifer Hudson broke down in tears Monday while testifying at the trial of the man accused of killing her mother, brother and seven-year-old nephew in a jealous rage four years ago.

Hudson was the first witness called after prosecutors and attorneys for William Balfour finished their opening statements. During her brief but emotional testimony, she told jurors her family didn't want her sister to marry Balfour and she spoke about the last time she saw her family members.

The singer and actress at first seemed composed as a prosecutor began asking her questions. But the testimony

became increasingly difficult, and she began crying when talking about seeing her family the Sunday before the killings and later when a prosecutor showed her a picture of her mother.

Her voice also broke as she described her reaction when her sister, Julia Hudson, told her she was going to marry Balfour.

"None of us wanted her to marry him," she said, her voice cracking and struggling to hold back tears. "We did not like how he treated her," she said.

Balfour has pleaded not guilty to three counts of first-degree murder in the October 2008 slayings.

Early on during Hudson's testimony, a prosecutor asked her to identify the defendant. Hudson poked her head around the judge's bench and pointed at Balfour. **THE ASSOCIATED PRESS**



Case begins against disgraced senator

Former presidential candidate and U.S. Sen. John Edwards arrives outside federal court on Monday with his daughter, Cate, in Greensboro, N.C., for his trial on charges of violating federal campaign finance laws. Opening statements began Monday. **CHUCK BURTON/THE ASSOCIATED PRESS**

Secret Service scandal

Security clearance suspended

The U.S. Defence Department has suspended the security clearance of military members being investigated for their possible roles in the Secret Service sex scandal that took place in Colombia earlier this month. **THE ASSOCIATED PRESS**

Ted Nugent

Rocker to plead guilty to hunt

Ted Nugent is scheduled for a Tuesday court hearing in Alaska and is expected to plead guilty to transporting a black bear he illegally shot and killed in May 2009 on Alaska's Sukkwan Island. **THE ASSOCIATED PRESS**

Organized crime

Mobster facing weapons charges

Reputed Connecticut mobster Robert V. Gentile, suspected of having information related to the largest art theft in history, was arraigned Monday on weapons charges. **THE ASSOCIATED PRESS**

Teenager's ball drifts from Japan to Alaska

Prized Possession.

Ball is one of the first pieces of debris from last year's tsunami to wash up on the other side of the Pacific

A teenager who lost his home in Japan's devastating tsunami now knows that one prized possession survived: a football that drifted all the way to Alaska.

Officials from the National Oceanic and Atmospheric Administration say the ball with the youngster's name inscribed on it is one of the first pieces of debris from last year's tsunami to wash up on the other side of the Pacific.

A man found the ball while beachcombing on an Alaskan island, and his wife, who is Japanese, talked with its owner, 16-year-old Misaki Murakami, by phone over the weekend. They plan to send the ball back to him soon.

Murakami, from the town



David and Yumi Baxter hold a soccer ball and a volleyball which David found. THE ASSOCIATED PRESS

of Rikuzentakata, is surprised and thankful the football, or soccer ball, has been found more than 5,000 kilometres away.

"It was a big surprise. I've never imagined that my ball has reached Alaska," Murakami told public broadcaster NHK. "I've lost everything in the tsunami. So I'm delighted," he said. "I really want to say thank you for finding the ball."

THE ASSOCIATED PRESS



Snow blankets spring blooms

Cold temperatures churned up the east coast of Canada and the United States Monday, unleashing a burst of winter and up to a foot of snow in higher elevations inland, closing some schools and sparking concerns of power outages. CHRIS KNIGHT/THE ASSOCIATED PRESS

U.S. presidential race

Romney's new employee lambastes women

Mitt Romney's decision to appoint an openly gay man as his foreign policy spokesman has angered social conservatives, not surprisingly — but the Republican front-runner's new employee has also caused him trouble with another demographic he's trying to woo: women.

Richard Grenell's Twit-

ter feed was recently rife with snide remarks about various female political figures, from Michelle Obama to Hillary Clinton and Callista Gingrich.

He's reportedly scrubbed more than 800 tweets in recent days, but they live on after being unearthed and archived by news outlets shortly after Romney announced his appointment.

"Hillary is starting to look like Madeleine Albright," Grenell tweeted recently about Secretary of State Clinton, comparing her to the first woman

to hold the job after being appointed by Bill Clinton in the 1980s.

Other tweets took aim at the third wife of Republican presidential hopeful Newt Gingrich.

"Callista stands there like she is wife #1," Grenell wrote. Another tweet read: "Do you think Callista's hair snaps on?"

In a jab at the first lady, a fitness devotee, Grenell claimed Obama was "sweating on the East Room carpet" after working out. He also ridiculed her grammar after she made a speech in

North Carolina.

Female celebrities were not immune from his barbs.

Rachel Maddow, a talk show host on MSNBC, is a "dead ringer for Justin Bieber," Grenell tweeted, and should "take a breath and wear a necklace."

As he watched the Golden Globes in January, Grenell had some indirect advice for unnamed older actresses: "Note to children: when your mom is a grandmother DO NOT let her wear backless dresses."

THE CANADIAN PRESS

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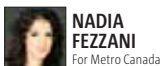


The superheroes of your youth may no longer be complete fiction. Across the globe, masked avengers guard the streets to prevent and fight crime. Within a community that seems like a fantasy world, some people have pushed their childhood dreams further. Approximately 600 superheroes, often disguised by costumes, protect their communities in different ways. Alone or with teammates, these men and women patrol the streets of their cities to help those in need, often risking their own lives. We call them:

REAL-LIFE SUPERH



Superheroes, from left, Life, Zetaman, Crimson Fist, KnightVigil, Super Hero, Mutinous Angel, Motor Mouth, Geist, Z, Thantos, DC's Guardian, Phantom Zero, Nyx, Ragensi, Deaths Head Moth, Civitron, Zimmer, Citizen Prime, Dark Guardian and Master Legend.



NADIA FEZZANI
For Metro Canada

Although some might think they're crazy, Real-Life Superheroes (RLSH) are regular people who want to make a difference in the world. They are journalists, teachers, bouncers, business people, truck drivers, cashiers. When they put on their masks or outfits, they become the superheroes they want to be.

Some patrol the streets at night to fight crime. Many raise funds and do charity work for specific causes. Many give aid to those affected by natural disasters. However, one specialty does not limit the causes to which an RLSH contributes.

Surprisingly, documented Real-Life Superheroes have existed since 1969. Until a couple of years ago they were underground, trying not to be noticed. Some superheroes have been active for more than

20 years.

Many RLSH are motivated by their personal experiences. A victim of domestic abuse might raise funds for the cause. And a victim of violent crime might patrol the streets to keep people safe. Some RLSH are seeking fame, others do it for fun.

Whatever the motivation may be, fulfilling the mandate is not an easy task.

Some superheroes work every other weekend, while others patrol three to five nights a week. Several of them have children.

With no financial help, it can be an expensive activity — many superheroes offer water, food and warm clothing to their "wards" who live on the street.

Equipment costs can run high — cameras, walkie-talkies, pepper spray, Tasers.

Costumes — or uniforms, as some call them — are another consideration. Some choose them to be friendly-looking while others want

to intimidate law-breakers. Some can't be disguised at all, based on state and local law.

Depending on the danger of what they do, some superheroes must be cautious not to reveal their identities; the suspects they have helped get arrested could seek retaliation.

Does this sound like a job for you?

As Sage Michael reminds us in his book *How to Become a SuperHero*, not all fictional superheroes have super powers. Batman and Iron Man are the most human personas: Mortal, with strengths and weaknesses.

What is not negotiable: Good values, positive motivation and training for the task. Control and respect are important, too, as many new RLSH sometimes push the limit too far, becoming vigilantes. The goal is to use their strength for the right motives, to respect the law and let authorities do their work.

Quoted

"In 2007 there had been floods in Minnesota, so I bought a lot of supplies to distribute. After dropping them off in two cities, a pastor in Lewiston told me, 'If you can get into Stockton...' They got hit hard. There were mud slides and rock falls. The roads were barely passable. Homes were destroyed and there were several fatalities. The Salvation Army was at the emergency centre with a truck for support. I was also there with a small truck. As I was carrying the bags, I saw a highway patrolman on foot. Being in full costume, I momentarily surprised the officer, and he instinctively put his hand on his Taser. I asked, 'Where can I put these supplies?' He said, 'Ah! Right over here.' I said, 'OK, great! I have a truckload more.' He said, 'Do you want help?' And I said, 'No, sir! I'm a superhero.' And he laughed. I think it was the first laugh he had all day."

Geist

This superhero devotes his efforts to helping the homeless and those touched by tragedy



In Metro Wednesday

- **Thantos.** Meet Vancouver's very own superhero.
- **Plus:** Female superheroes

In Metro Thursday

- **Super villains vs. Superheroes:** Who are super villains and what role do they play?

More at metronews.ca

- **Geist: The "Green Space-Cowboy" superhero.** Dressed in a long trench coat, cowboy hat and a green scarf covering his face, Geist's costume is often described as "green space-cowboy chic." He focuses his efforts to help those who need it most, the people whose lives have been touched by tragedy and homelessness.



Get to know your friendly neighbourhood superheroes

EROES



PETER TANGEN/FOR METRO

From the West Coast to the East Coast, more than 15 RLSH are active in Canada. Some patrol the cities at night to fight crime, help others and provide first aid; others stand against bullying, perform community outreach and champion different causes.

CANADA

USA

Aeon Star — Quebec City

Patrolling at night with his team, Aeon Star wants to "diminish violence and pass the message that anyone can make a difference. We raise funds for foundations that help victims of bullying and walks to schools and parks to make people aware of our availability in case they need help."

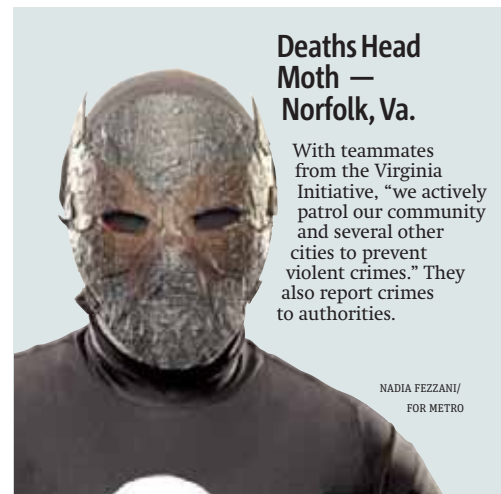
NADIA FEZZANI/
FOR METRO



Deaths Head Moth — Norfolk, Va.

With teammates from the Virginia Initiative, "we actively patrol our community and several other cities to prevent violent crimes." They also report crimes to authorities.

NADIA FEZZANI/
FOR METRO



Polarman — Iqaluit

Polarman visits schools to speak to children. "I wanted to help people. I am tired of seeing people always picking on those weaker than themselves, so I vow to fight back against bullies and all other forms of abuse. I try to get everyone to work together."

NADIA FEZZANI/
FOR METRO



Dark Guardian — New York

Dark Guardian confronts and exposes drug dealers in a N.Y.C. park. "I have seen a big difference." He also gives food and clothing to homeless people.

NADIA FEZZANI/
FOR METRO



Cross-border showdown. Canadian- vs. American-style superheroes



In Canada, violence is much less frequent than it is in the United States.

For that reason, Canadian RLSH are less likely to fight crime than they are to support social causes.

For example, some make presentations in schools to raise awareness about bullying; others raise funds to support the homeless.

In the United States,

superheroes do similar things, but more superheroes will patrol the streets at night, concentrating on violent areas.

Depending on the state they



live in, they may carry pepper spray and Tasers, and a few carry guns, which is illegal in Canada.

NADIA FEZZANI/FOR METRO CANADA

Timber Wolf — Mississauga, Ont.

At the age of 17, Timber Wolf wanted to make his community a better place. "I just see all sorts of problems but I need the help of the people to fix them. I'm not a vigilante. I'm not beating up bad guys like in comic books." He wears a mask as a symbol for peace.

NADIA FEZZANI/FOR METRO



Hazmat CitizenCrusader & Nightingale CfourOracle — Portland, Ore.

Hazmat and Nightingale perform homeless outreach and raise funds for charities like March of Dimes and shelter refurbishment. "We also participate in neighborhood-watch activities to a lesser extent, due to a low crime rate locally."

NADIA FEZZANI/
FOR METRO



Canada-EU free-trade talks near finish line

End game. Sticking points still remain in ongoing trade talks between Canada and the EU

Free-trade talks with the European Union are nearing the "end game," although the most difficult issues still remain on the table, the head of the EU council said Monday.

Pia Olsen Dyhr, the Danish trade minister and president of the council, said she was optimistic a deal could be struck within six months.

"We are actually at the end game. At the moment, we have finalized 75 per cent. It's been one of the most forthcoming negotiations" the EU has ongoing, she told a news conference with Canadian Trade Minister Ed Fast.

"I see that coming soon and we might expect within a half a year we have finalized

Rules of origin

Rules of origin has emerged as a complex issue since some Canadian manufactured goods are integrated in North American and global supply chains.

- Agricultural subsidies are also the sticking point in Canada's attempt to join the Trans-Pacific Partnership trading bloc and is a difficult political issue for Ottawa, given the opposition from farmers.

the agreement."

Fast was more circumspect in his comments, saying progress was being made at a "satisfactory pace" and he hoped for an agreement by the end of the year.

The talks on a comprehensive economic and trade agreement would establish the most wide-ranging trade deal Canada has ever en-

tered, encompassing not only goods, but investment and services, and provincial and municipal government procurement.

Analysts have noted that Ottawa once promised a deal would be struck by the end of last year, suggesting that the contentious parts of the negotiations were proving more difficult to crack than expected.

That should have been anticipated, said trade lawyer Lawrence Herman of Cassels Brock LLP.

"There were probably over-optimistic forecasts on the timing," he said.

"The 75 per cent is probably right (but) the last 25 is going to be hard slogging."

Olsen Dyhr conceded the Canadian system of supply management for poultry, eggs and dairy — which Europe wants to scrap or curtail — and a mutually satisfactory definition of rules of origin have not been resolved.

THE CANADIAN PRESS



Pooches picket too

American Airlines flight attendants and supporters picket in front of the American Airlines passenger terminal at San Francisco International Airport on Monday. Among other issues, the airline wants to eliminate 13,000 union jobs, freeze or terminate pension plans, curb health benefits and reduce time off. PAUL SAKUMA/THE ASSOCIATED PRESS

Market Minute



DOLLAR
100.91¢
(+0.16¢)

Natural gas: \$2.007 US (+8¢)
Dow Jones: 12,927.17 (-102.09)



TSX
11,989.10 (-158.18)



OIL
\$103.11 US (-77¢)



GOLD
\$1,632.60 US (-\$10.20)

Former Icelandic leader guilty on one charge

The leader of Iceland's government when the nation's banking system collapsed was convicted Monday of one criminal charge, cleared on three others and faces no punishment, a special court announced.

The court also said the state

would pay Geir Haarde's expenses for defending the case.

Haarde, who led the government from 2006 to 2009, was the first government leader anywhere to face criminal prosecution because of the banking crisis. THE ASSOCIATED PRESS

Q1. Facebook reports lower income than 2011

Facebook's first-quarter net income fell 12 per cent, weighed down by higher expenses even as its revenue soared, the social-networking company said Monday, just a few weeks ahead of its expected initial public offering in May.

Facebook said in a regulatory filing that its net income fell to \$205 million US in the three months that ended March 31, from \$233 million a year earlier. Net

income attributable to common shareholders fell to \$137 million from \$153 million. That amounts to earnings of nine cents per share in the latest quarter, down from 11 cents a year earlier.

The company said its revenue rose 45 per cent to \$1.06 billion. Facebook said it had 901 million monthly active users as of March 31, up from \$845 million as of the end of 2011.

THE ASSOCIATED PRESS

Big deal. Microsoft sells AOL patent to Facebook

Microsoft, which just bought patents from AOL for \$1 billion, is now turning around and selling most of them to Facebook for \$550 million.

Microsoft and Facebook said Monday that Facebook is buying about 650 of the 925 AOL patents and patent applications Microsoft bought.

Facebook will also get a licence to use the rest of the AOL patents.

THE ASSOCIATED PRESS

Border security

Investigation into illegal dumping launched

The Canada Border Services Agency (CBSA) said Monday that it has launched an investigation into allegations of dumping of electrical transformers by South Korea.

The inquiry, regarding liquid dielectric transformers with a top capacity of 60,000 kilovolt amperes or more, follows a complaint by Quebec's ABB Inc. and Winnipeg's CG Power Systems Canada Inc.

THE CANADIAN PRESS

Medical marijuana

Canadian firm hopes to convert mine to grow-op

A Canadian biotechnology company wants to cultivate medical marijuana in a former copper mine in Michigan's Upper Peninsula.

Prairie Plant Systems of Saskatoon would need approval from state and federal officials to convert the mine.

THE ASSOCIATED PRESS

Lawsuits

- March 12.** Yahoo sues Facebook, claiming that Facebook has infringed 10 of its patents.
- April 3.** Facebook files its own lawsuit, accusing Yahoo of violating 10 patents covering photo tagging, advertising and more.

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NETWORKING AND THE ART OF MAKING FAKE FRIENDS



**SHE
SAYS...**
Jessica Napier
metronews.ca/shesays

Every once in a while — and always against my will — I find myself in a situation in which I am expected to “network.” The thing about being a writer is that you end up becoming very skilled

at typing, not talking. Consequently, standing in a room full of other less-than-chatty individuals can be painfully awkward.

We all know the importance of networking when it comes to job seeking. Maybe you know this from experience or from a professional development class or from your know-it-all uncle who is constantly reminding you: “It’s not what you know, it’s who you know.”

I know a few MBA candidates who have been required to attend mandatory networking events to brush up on their schmoozing skills. Students learn the importance of eye contact, exchange glad-handing tips and go head to head against each other in timed business-card-collecting competitions.

While these formal networking exercises seem a bit superficial, business logic suggests that a stellar resumé means nothing in a world where being unconnected results in being unemployed.

Unfortunately, this is bad news for introverted folk who do not excel at small talk with strangers. I might have plenty to say in writing, but social

networking in real life is an entirely different story. My idea of “working the room” is nibbling on appetizers and hiding in a corner with my smartphone until it’s appropriate to leave.

These dreaded mix-and-mingle events occasionally take place at a venue with an open bar. Experience has taught me that the nerve-quashing power of free alcohol is tempting but that relying on it can be detrimental when it comes to making a good first impression.

But even with a glass of wine in hand, I have a difficult time selling myself and an even harder time listening to everyone else’s elevator pitch. I always find myself wondering, do we really have to have a conversation? Can’t you just follow me on Twitter?

Yes, I realize this makes me sound socially inept, but hear me out. It’s not that I’m bad with people — I actually think I’m quite good when it comes to socializing — but this form of instantaneous faux-friending just isn’t my specialty.

I don’t know how to win friends and influence people but I do know how to nurture real friendships over a long period of time, and that’s far more important.

After all, at the end of the day, life isn’t really about the number of business cards in your wallet.



Solving the networking puzzle, one piece at a time. iSTOCK

One of these things is not like the other



E. LAZAREVA / FAR EAST RUSSIA ORCA PROJECT (FEROP)

Black sheep

World’s first ever white orca found?

RUSSIA. Scientists have spotted what they believe to be the first ever all-white adult orca, or killer whale, off the coast of Russia’s Kamchatka Peninsula in the north Pacific Ocean. The male, named Iceberg, was discovered by the international Far East Russia Orca Project (FEROP) near the Commander Islands. “He’s a symbol of all that is pure, wild and extraordinarily exciting about the ocean,” said Erich Hoyt, the co-head of FEROP.

METRO

Part of the pack

2 metres

Iceberg’s dorsal fin, the first visible sign of this unique orca, spans two metres. He lives in a family “pod” with 12 relatives. Twelve years of research have shown that his pod is one of 61 identified orca units in the region. “This discovery is spectacular,” says Hoyt, who also serves as a senior research fellow at the Whale and Dolphin Conservation Society.

60 seconds



Erich Hoyt

Is this whale albino?

We are currently not sure. We need to check his eyes for a pink pigmentation to be certain.

Is he perhaps treated differently because of his colouring?

Family bonds are very strong

among orcas. There is no evidence that he is an outcast.

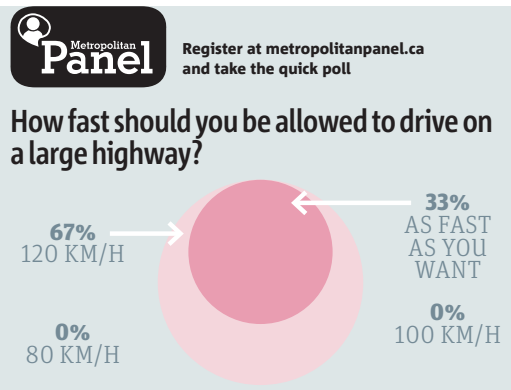
Is there a danger his life could be under threat?

The remoteness means he’s away from human contact but recent seismic surveys for oil and gas in the region could disturb orcas in the future. This is something of concern.

You have found your white whale. Did anyone compare you to Ahab from Moby Dick?

I hope not! From the time of Ahab, we have come a long way in terms of our understanding of whales.

ANTHONY JOHNSTON/METRO



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@arieleadina: • • • • •
I wish I could move the contents of my desk outside. It’s gorgeous out in #yyc today!

@iversia: • • • • •
I voted. Just confirmed that voting does indeed make you a sexier person. #abvote #yyc

@Findaly: • • • • •
And #yyc is out of hibernation! Busy on Stephen Ave #thesun-feelsgood!

@fleurysgirl14: • • • • •
If I put my #uggs away will it snow tomorrow in #YYC? Hmmmm? Maybe I should wait!

@AlyPain: • • • • •
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Hugh Grant is the voice of an inept pirate captain angling to be pirate of the year in *The Pirates! Band of Misfits*. HANDOUT

It's a pirate's life for director Peter Lord

Comedic casting

Captain Hugh Grant

Peter Lord banked on Hugh Grant's comedic prowess when casting him as the Pirate Captain in *The Pirates!* "I really wanted a star for the thing. Hugh is probably the shining example of his generation of a comic actor (so) there was a kind of leap of faith there that he could do it," said Lord.

Underdog story. In Lord's latest animated imagining, a nitwit pirate (voiced by Hugh Grant) pursues a pirate of the year award

STEVE GOW
scene@metronews.ca

Whether it's Wallace & Gromit or last year's *Arthur Christmas*, it seems the Aardman animation company deals in underdogs.

"I always do like those stor-

ies," said company co-founder Peter Lord recently in Toronto. "It's definitely not part of the mandate but it does come very naturally, I have to say."

Now with his latest turn directing *The Pirates! Band of Misfits* (in theatres this Friday), the Oscar-nominated filmmaker brings to life another lovable nitwit in the Hugh Grant-voiced Pirate Captain — a delightfully inept swashbuckler with eyes on the Pirate of the Year award.

"The Captain is an interesting (character) because he's the underdog but he's quite blind to it," explained Lord.

"He's very unaware of what's going on around him so

his complete unfittedness to be Pirate of the Year — he doesn't see at all and I find that charming. Delusion is charming."

Half of the strange allure is in the simple archetype of the pirate. For decades, sea-faring buccaneers have been entertaining moviegoers of all ages — including Lord.

"It's as simple as this — kids like to see adults behaving badly," said the filmmaker. "These pirates, let's face it, they're not very dangerous, they're not going to hurt anyone. But they're disrespectful — they're a bit rowdy, noisy, fun-loving — and I think for kids it's very charming to see adults behaving that way."

DVD reviews



Contraband

Director. Baltasar Kormakur

Stars. Mark Wahlberg, Giovanni Ribisi, Kate Beckinsale

The proverbial "one last job" takes on family urgency when a former smuggling ace (Mark Wahlberg) is obliged to do a risky Panama run to save his wife (Kate Beckinsale) and kids from a vengeful drug lord (Giovanni Ribisi).

Director Baltasar Kormakur, who played the lead in the Icelandic original *Reykjavik-Rotterdam*, stays in close and dark in this heavily plotted drama, which doesn't really pick up steam until the final reel.

A smart tough-guy turn by Wahlberg gets good ensemble support (including Ben Foster and J.J. Simmons), all of which helps keep *Contraband* from being just another crime story.

So does the step-by-step procedural on the mechanics of smuggling, which perks interest even while the action threatens to flag. Extras include a director/producer commentary, deleted scenes and making-of featurettes.

PETER HOWELL

2

SCENE

Scene in brief

Giuliana and Bill expecting

Giuliana and Bill Rancic are having a baby. The child will be born later this summer via a gestational surrogate, meaning the baby will be genetically theirs but carried by another woman. Last fall, 37-year-old Giuliana announced she had breast cancer and later underwent a double mastectomy. She did not need chemotherapy. Giuliana is the host of E! News. Bill is a 40-year-old entrepreneur and motivational speaker who won the first season of Donald Trump's *The Apprentice*. Together, they co-star in a reality show on the Style Network called *Giuliana & Bill*. Much of the show has been devoted to their fertility issues.

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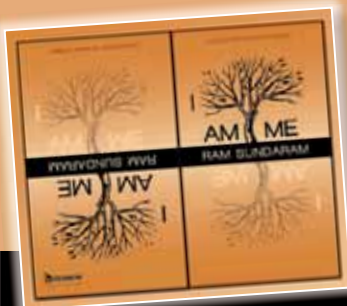
On the web



Carrie Underwood, Miranda Lambert lead CMT Awards nominations

"I am a huge fan of *I Am Me....* (Sundaram) has mastered the art of writing short stories and put a very interesting twist into it."

~ Simon Barret, BNN Network



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~ Kristilyn Robertson, Reading in Winter

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"(Sundaram's) writing style is engaging and thought provoking... each story is retold in the other half of the book... makes for an almost philosophical experience of comparison."

~ Dana Shelfari of Let's Book It

Come visit Ram at the Shawnessy Chapters on Saturday, May 5th 1pm to 4pm for the book launch and signing!

The villain speaks: Tom Hiddleston reprises his role as Loki in The Avengers

Being bad. Actor from Thor has the tough task of taking on six superheroes at the same time

NED
EHRBAR
scene@metronews.ca

It takes quite a villain to require the combined forces of six superheroes — someone out of this world, perhaps. Luckily, British actor Tom Hiddleston is up to the challenge, reprising the role of the mischievous Loki from Thor, this time setting his godlike sights on Earth. We caught up with Hiddleston the day after The Avengers premiere.

How was the premiere?

This is the first time I've been able to really talk about the film. I really only saw it for the first time myself (at the premiere), so I'm kind of giddy with it. What was the most



Actor Tom Hiddleston says he was giddy after seeing the finished Avengers at the film's premiere. HANDOUT

thrilling thing for me was how much people laughed. The whole film is laced with a very particular [director Joss] Whedon humour, and I think he should be very proud of

that. I remember laughing at the script, but sometimes those laughs are dissipated or diluted somehow in the shoot or the post-production. But the thrill of listening to a whole the-

atre laughing so loud that you couldn't hear the next line is really great.

Do you think a big summer blockbuster needs to have

that balance of humour and darkness and action to really make it a big movie?

I don't know if it's a necessity. I mean, I've seen big movies that don't make you

laugh. They're still fantastic, and they can move you in different ways. You know, I loved the Dark Knight, but I don't remember laughing particularly loudly at it. Is it funny? Are there laughs in it?

How is it reprising a role, but with a new writer and director? How does it compare going from Kenneth Branagh, who directed Thor, to Joss Whedon?

What's surprising to most people is that they actually have so much in common. Ken is actually a really populist cinephile. Every Friday night, he's at the pictures with his wife watching the most genre or populist thing out there. And Joss is a huge Shakespeare buff. They both have this amazing handle on what good drama is, and my good fortune is that Joss saw an early cut of Thor just as we were coming to the end of shooting and he loved it. He just really dug it.

DISCOVER
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The Word

Drive it like Beckham



THE WORD
Dorothy Robinson
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For only \$129,000, you can purchase an SUV designed by Victoria Beckham.

Because the rich don't have enough nonsense to spend their money on, Range Rover commissioned the former Spice Girl to help design a very limited edition of their new SUV, the Evoque.

Only 200 such vehicles will be made, with a price tag that is twice the cost of a regular model.

Does it matter that Beckham has zero experience in designing cars? Of course not!

"I did a lot of research — not just with cars, old and new, but boats, planes, movie stars, different locations," she told Reuters on Sunday in an interview in Beijing, where she was promoting the vehicle.

According to Reuters, the Beckham-designed vehicle features gold accents on

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Victoria Beckham. ALL PHOTOS GETTY IMAGES

the grille and gloss-black forged alloy wheels, as well as "vintage-inspired leather seats, rose gold-plated accents and ... trimmings of black lacquer, textured aluminum and mohair."

"I want a car that reflects

my personality. I'm really proud of this car," she told the Daily News.

Funny. You think a car that reflects Victoria Beckham would look eternally grumpy and be so tiny you could never fit into it.

Handler vs. Jolie rematch



Chelsea Handler

Chelsea Handler isn't letting go of her grudge. When asked in an interview with More magazine who she thinks is the opposite of a girls' girl, Handler says, "Probably Angelina Jolie. She doesn't strike me as someone I would have a close friendship with. You just know as a woman, when you see another woman, if that's a woman you can trust." Last year, Handler turned heads when she labeled Jolie "a home-wrecker."



Angelina Jolie

Sweet Katie, bah, bah, bah

Neil Diamond married his manager, Katie McNeil, this weekend in an intimate ceremony in Los Angeles, according to Us Weekly. The Sweet Caroline singer is 71, while McNeil is 42. Diamond took to Twitter last September to announce the engagement, posting, "Good news coming from sunny L.A., and you're the first I want to tell. Katie and I just got engaged, and I hope you wish us well."

Twitter



@octaviaspencer

very little tv here in Prague, so I am sure to be productive! still jetlagged. lots of rain in London



@ConanOBrien

Just heard the craziest recording of Mel Gibson speaking in calm and measured tones.



@adriengrenier

Thanks #TSA for another 'guilty until proven innocent' pat down at the airport. If we sacrifice freedom 4 safety & we sacrifice both.



@RichardDreyfuss

For the record: I thoroughly enjoyed the film Last Action Hero.

enter the pick your prius contest for your chance to win a new family member.



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3

LIFE

Controversial claim

Will new study hold water?

Thirsty? Scientists from the University of Bristol in England claim that proteins (molecules that allow us to convert food into energy, supply oxygen to our blood and muscles, and drive our immune systems) may not be dependent on water to survive and function. The controversial statement is currently challenging one of the key beliefs in chemistry.

METRO WORLD NEWS

On the web



Spiritual guru Deepak Chopra takes pointers from Oprah on her 'Lifeclass' tour

Triple threat



Scarlett Johansson

Having lost 10 pounds for the role in Iron Man 2, Johansson got back into kick-ass shape thanks to extensive martial arts training.



Robert Downey Jr.

His trainer, Brad Bose focused on resistance training using the rowing machine and treadmill and put him on a protein-rich diet.



Chris Evans

Evans' trainer, Simon Waterman, was told to make him look "lean, big and strong." After lots of squats and deadlifts, his body fat dwindled to 8 per cent.



Chris Hemsworth plays Thor, the hammer-wielding God of Thunder. HANDOUT

Try the Thor workout

Celebrity fitness.

Want to get Thor-sized biceps and a chiseled Thor-so? His personal trainer shares secrets to getting ripped

ROMINA MCGUINNNESS
Metro World News

All Gods have superhuman qualities. In Thor's case, he has superior strength and speed — and major biceps. Unfortunately, we mere mortals — including Hemsworth — have to work hard if we want to look the same, according to Mike Knight, Hemsworth's personal trainer.

"People want to be as powerful as a bodybuilder but at the same time be fast and look sleek and slender,"

he says. "Combining the two physical attributes isn't so easy, as it requires merging two different body types. However, it's not impossible."

To solve this problem, Knight created a system that can make you both lean and muscular.

How to get into superhero shape

Knight treated Hemsworth like an off-season bodybuilder:

"First I bulked him up and made him put on as much weight as possible. After that, I stripped off all body fat, leaving nothing but pure muscle."

PHASE ONE: The 'Building'

To reach his ideal weight of 235 pounds, Hemsworth spent 12 weeks doing classic bodybuilder exercises that included inclined presses, Turkish get-ups, windmills,

bum squats and pull-ups. To add bulk, Knight integrated kettlebell weights, a great metabolic tool that builds up core strength.

According to Knight, the heavier a kettlebell, the safer.

"Never hold less than 50 pounds in each hand. Anything below that and you'll be tempted to use your arms to lift the weights. This is when you'll get hurt. When using kettlebells, you need to use your hips to do the lift," he warns.

Food for the Gods

What you eat is crucial if you want to be strong.

"Chris needed to bulk up, so it was a matter of upping his calories so that he could gain up to two pounds a week. Towards the end of training, he was eating 6,000 calories a day, but working out so much that he was burning them right off. His

diet included huge quantities of grains, vegetables, lean protein and potatoes, on top of getting plenty of water and rest," Knight said.

By this point, Hemsworth was ripping through the arms of his Thor costume. Knight then had to get him back down to size.

PHASE TWO: 'Infusion' training

Once he had gained muscle, Hemsworth went on a four-week fat-loss plan.

He focused on 'infusion' training, a combination of bodybuilding and mixed martial arts. Knight devised a total-body circuit that included sledgeshammers, log presses, prowler sprints and kettlebells.

"I had to get Chris moving quickly and constantly. Can't do a push-up? Hold a plank — so long as you keep doing something," says Knight.

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Hot dogs get fancy & creative makeover at Fat City Franks



Mediterranean Dog (\$5.99) with Slaw (\$2.50). DAN CLAPSON



LUNCH RUSH
Dan Clapson
life@metronews.ca

There seems to be an eternal debate in this city over which specialty hot dog establishment boasts a better...can I

say...wiener?

In my opinion, they're very different and I've come to love them both.

This week, I was strolling around Mission, so decided to swing by Fat City Franks for lunch.

The options all sound equally mouth-watering,

but I had to go for the Mediterranean Dog (\$5.99) with a side of home-made slaw (\$2.50).

A giant bun was filled with hummus, olives, artichoke hearts, feta and, of course, an all-beef hot dog.

I realize that hummus and hot dogs are not a typ-

ical combination, but it worked here, with the toppings providing a nice salty/tangy balance to the creamy hummus.

The slaw was tossed in a simple vinaigrette, which I always prefer over mayo-heavy dressings.

See, hot dogs can be fancy too!

Visiting the restaurant

Fat City Franks

Address. 2015 4th St. S.W.

Phone. 403-229-3641

Website. fatcityfranks.com

Rating. 4/5

Price range. \$6 - \$9

Client negotiations. No

Lunch with co-workers. Yes

Social lunch. Yes

Quick solo lunch. Yes

Classic Cuban Pork Sandwich. Enjoy an easy to put together snack



This delicious sandwich can be enjoyed while watching a game or taking it on the run for those busy weeknights with the family.

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Ingredients

- 4 oz (125 g) sliced peppered or herbed deli ham
- 4 oz (125 g) thinly sliced cooked pork loin
- 8 slices Gouda cheese
- 1/4 cup (60 mL) grainy mustard
- 1/2 cup (125 mL) sliced dill pickles
- 1 ciabatta loaf or vienna style baguette

1. Slice baguette in half lengthwise. Spread mustard on both sides of the bread. On bottom half of baguette, layer the ham, pork, cheese and pickles. Cover with other half of bread; slice in 4 equal sections.

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Looking for something to dunk your chips into or serve up on your next burger? Try this spin on a guacamole with fresh fruit flavours of pineapple and mango.

on burgers or grilled chicken.

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Ingredients

- 1 tomato, diced
- 1 jalapeno, seeded and diced
- 125 mL (1/2 cup) each diced pineapple, mango and onion
- 2 mL (1/2 tsp) salt
- 1 large avocado, diced
- 15 mL (1 tbsp) lime juice

1. In a bowl, combine tomato, jalapeno, pineapple, mango, onion and salt. Stir to combine.

2. Add avocado and lime juice and stir gently to combine.

3. Serve the guacamole with pita or tortilla chips or

Traditional jambalaya taste, minus the calories

In this recipe, Rocco Dispirito replaces rice with Miracle Rice. A variety of shirataki noodle, it is an increasingly popular option for ultra-low-calorie noodle products. Miracle Rice has no calories, no fat, no carbs and no sodium.

The result has just 233 calories and eight grams of fat per serving. Traditional recipes have 16 grams of fat and 767 calories.

1. Season chicken with salt and pepper. In sauté pan over medium-high, heat oil. Once oil has starts to smoke, add chicken. Brown 3 mins., turning pieces once. Remove from pan and add sausage, browning 1 minute, turning pieces once.

2. Add adobo and chili powder and cook 30 seconds. Add onions reduce heat to medium-low and caramelize them slowly until soft and browned, 6 to 8 minutes. Add pepper and garlic and cook until soft, about another 2 minutes.

3. Add browned chicken, broth, Miracle Rice and black beans. Bring to a simmer. Simmer, uncovered, over medium to low heat for about 5 minutes or until chicken is cooked through and sauce is slightly

Ingredients

- 4 large boneless, skinless chicken thighs, cut into chunks
- Salt and pepper
- 7 mL (1/2 tbsp) olive oil
- 90 g (3 oz) chicken and turkey andouille sausage, cut into 2.5-cm (1-inch) slices
- 5 mL (1 tsp) adobo powder
- 1 mL (1/4 tsp) chipotle chili powder
- 375 mL (1 1/2 cups) chopped yellow onion
- 250 mL (1 cup) chopped red bell pepper
- 2 cloves garlic, minced
- 150 mL (2/3 cup) reduced sodium chicken broth
- 2 pkgs (each 250 g/8 oz) Miracle Rice, rinsed
- 125 mL (1/2 cup) canned black beans, drained

thickened. Season with salt and pepper and divide among

4 serving bowls. THE ASSOCIATED PRESS/ ROCCO DISPIRITO, AUTHOR OF THE

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Just be compliant, say good luck and move on



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

email from a friend who just got married, and would really like to know what you think? Personally, I am offended. Thanks, Lisa

"I'm sending this message to all of you who gave us money for our wedding gift (the best gift of all if you ask me!). Some of you gave cash and some gave cheques, but I'm not sure who gave which. Of the cheques, some were made out to my maiden name and I was unable to cash them since I couldn't change my name with the bank until a few days ago (had to wait for the marriage certificate to do so). Now that I am able to cash them, I'm unable to find

that special spot where I kept those cheques! If you provided us with a cheque made out to my maiden name, we would appreciate it if you could please provide us with a replacement cheque.

Dear Lisa,

Wow — what a conundrum, to say the least. I sincerely feel sorry for the bride, as I am sure she needs the money and it would help her as she starts her new married life.

However despite the bride being wrong, if by chance you gave a cheque and know that it has not been cashed, I would personally replace it and move on.

She doesn't know any better, so best to just leave it. And wish her the best as she starts her married life with her new husband.

Advice

In search of polygamy



TWO SISTERS
Andrea and Claire
Life@metronews.ca

Dear sisters, My girlfriend and I have been together for more than two years and I think she's the woman I will end up marrying, but I still find myself wanting other women — to satisfy other parts of me. We've talked about having an open relationship and we're both into the idea. How do you suggest we approach this without destroying what we have?
Polyconfused

Andrea: Dear Big Love, I'm very happy to hear that you've discussed this with your significant other before engaging someone else romantically. No one likes to be included in a

decision only after it's been made. The fact that your girlfriend is open to the idea in theory doesn't mean that she will be in practice — she may be just going along with what you want, not realizing the emotional consequences that this could have.

Ask yourself: are you trying to fill in "the other parts" with more women, when they aren't the answer? If the answer is "maybe" or "yes," hit the brakes and re-evaluate. If not, best of luck, sir.

Claire: Dear Poly,

Of course you still crave other women — you're human. But asking me how to have an open relationship is like asking a vegetarian to eat headcheese — I simply don't get it.

The question is: what (other) parts of you need satisfying, and how important are these needs? Are you sure you can't fulfill them together? If not, I would lay down some very clear ground rules for you both, about where, how and what you do with these other people. From what little I know, this is essential to keeping the peace.



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Buying a house? Consider a mortgage broker before heading to your bank

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FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca
@Lesliescorgie on Twitter

I sold my property last week and I'm in a mad scramble to find a new home. With my wish list in hand and a pre-approved mortgage under my belt, I'm confident I'll eventually find what I'm looking for.

Much to the chagrin of my financial planner, a bank employee, I've decided to use an independent mortgage broker rather than getting my mortgage from the bank. Based on my research, mortgage brokers often have access to better rates and more flexible repayment terms.



An independent mortgage broker isn't tied to any financial institution and instead works on your behalf. ISTOCK IMAGES

Mike, my broker and an old pal from university, walked me through the pre-approved application process and reviewed my commit-

ments to the bank where my existing mortgage resides. He then shopped my application around to multiple vendors and came back less than 24

hours later with a rock-bottom rate.

An independent mortgage broker isn't tied to any financial institution and instead

works on your behalf, rather than the lender.

Because they are not employees of a lending institution, mortgage brokers are

not limited in the products they can offer you.

They can seek out the best mortgage options to suit your specific situation, from a multitude of lenders — banks, trusts, private companies and insurance firms. Their primary role is to provide unbiased mortgage options and advice to clients.

In most cases, mortgage brokers are free. When the broker matches a lender with a buyer and a mortgage is placed, the broker is paid by the lender based on size of the mortgage, not the rate.

If you're thinking of using a mortgage broker, choose wisely. Get referrals from trusted friends or family members. Do your research in advance of meeting with them; know about current rates and structures. That way you'll have some idea of what you're hoping to achieve and can clearly communicate it.

I love saving money, and based on my recent first-hand experience, using a mortgage broker will save me tens of thousands of dollars.

Effecting change

Make your consumer voice heard



YOUR MONEY
Alison Griffiths
money@metronews.ca

You have tremendous power as a consumer when you use spending as leverage.

Gasoline prices recently hit \$4.93 a gallon in L.A. While Republicans are trying to pin it on President Obama, something amazing is occurring: American consumers are taking action. Through a combination of driving less and purchasing more fuel-efficient cars, they're using dramatically less gas.

According to the Federal Highway Administration, as of Jan. 1 the total number of vehicle miles driven was lower than any year since 2004, and gasoline consumption is down six per cent since 2007.

The mini-revolution taking place south of the border reminds us that though we often feel impotent as consumers, we do have the power to effect change. Here are three ways I'm going to make my consumer voice heard.

1. Say no to non-recyclable plastic containers



Consumers can use spending as leverage. ISTOCK IMAGES

It drives me nuts that my favourite organic yogurt comes in a non-recyclable container. The company is negating the organic good by using the wrong type of packaging.

I will stop buying that brand and write a letter to the company to tell them why. From my experience, smart businesses pay close attention to each missive.

2. Cut my gas consumption

I already own a five-year-old Camry hybrid and I just replaced my 10-year-old farm truck, a Toyota Tundra, with a Ford 150 equipped with the Eco boost six-cylinder engine. It tows better than the eight-cylinder and gets almost twice the gas mileage.

Even so, I think I can con-

serve even more by cutting down on unnecessary trips, doing a longer list of errands each time I'm out and easing up on my pedal-to-the-metal tendency (my husband will be so pleased).

3. Deep six the phone companies

I'm sick of expensive phone service, the arcane complexity of the packages, numerous billing mistakes and interminable waiting in telephone queues to get service.

I intend to investigate alternatives such as Vonage, Skype, Convergia and Magic-Jack and perhaps move to a text-only cellphone package. If you have made the switch, let me know.

What would you do if you had an extra \$15,000?

For the amount of the average commission paid on a home sale — \$15,000 — we could afford an astonishing number of things.

This figure is based on a home that is valued at \$300,000 with associated realtor fees at five per cent. To start, it would buy groceries for a family of two for two years, pay for half the cost of the average Canadian wedding or cover airfare for one for a trip around the world.

A recent survey conducted by Harris-Decima for the ComFree network, the country's leading commission-free real estate organization, asked Canadians what they would do with the average commission if it was given back to them. The survey revealed that Canadians fall into a few categories:

- Debt-conscious: More than one-third of Canadians would use the \$15,000 to pay off their debts, putting the money toward expenses such



A recent survey asked Canadians what they would do if their housing commission was given back to them. NEWS CANADA

as mortgages, credit card bills or car payments.

- Fixer-uppers: Just under a third (30 per cent) would put the extra cash into home improvements.

- Splurgers: 21 per cent would spend it on a large purchase such as a vacation or a

new car.

- Moral-spenders: Only three per cent would give the money to a charity.

- The undecided: Twenty-nine per cent could not make up their mind, or did not fall into any of the above categories. NEWS CANADA

FORTUNE OR JUNK?

Here are some tips to separate the near worthless costume jewelry from the more precious pieces — and for the most part, you don't need any fancy equipment. Put a magnet (any one will do, even a fridge magnet) near each piece of jewelry. Precious metals don't stick to a magnet, but most costume pieces are made of steel. So if that ring sticks to the magnet, it's probably not worth much.

Use a magnifying glass (again, almost any one will do) to inspect the pieces that didn't stick to the magnet to determine their karat (kt). The mark is typically not readily apparent — on the inside of the back of a ring, for example — and may be worn off or too small to see with the naked eye.

Separate the pieces into piles of different karats since each has a different weight. Gold jewelry can vary from as low as 8 karat to up to 24kt, but in Canada most jewelry is made of 10kt, 14kt or 18kt gold. Weigh the various pieces separately on a scale that is calibrated in grams. Many ordinary kitchen scales have this capability (gold prices are quoted in troy ounces, each of which is equivalent to 31.1045 grams).

— Pauline Anderson



WHEN TO SELL YOUR GOLD



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THERE HAS NEVER BEEN A BETTER TIME TO CASH IN

Although the price of an ounce of gold has dropped significantly since November 2011, it still stands at more than \$1,600, a three-fold increase since 2006.

Given these prices, it should come as no surprise to learn that the market for recycled gold (recovered from jewelry and other pieces) is strong. So how can you tell when the time is right to sell your gold?

People tend to buy gold either as an investment (e.g. gold bars, coins) or as an expression

of affection (wedding ring, necklace, watch). For people who bought gold as an investment, deciding to sell can be relatively easy; if the value of your gold has increased enough and you feel you can do better by investing the money elsewhere, it's clearly time to sell. For those who bought gold for sentimental reasons, though, it can be a much harder decision. How do you feel about the piece now? If you sell, will you miss it a few years down the road? Bottom line: If the feeling is gone, so too is the reason for keeping the piece.

WHY SELL?

The most common reason people sell gold, of course, is that they need the money. Another reason to sell is if the gold is in a piece of jewelry that is damaged or broken.

If you have earrings without mates, for instance, a brooch with a clasp that no longer closes, an old watch that no longer tells time accurately, or a chain that is too twisted and kinked to wear, it may be a good time to sell. Jewelry repairs can be prohibitively expensive. A third common reason to sell is that the jewelry has gone out of style. The market for older jewelry is small, while there are many buyers for precious metals.

If you do choose to sell, make sure to shop around for a reputable buyer. — Peter Doyle



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CFL

Hargreaves added to Esk's arsenal

The Edmonton Eskimos signed free-agent receiver Aaron Hargreaves Monday.

Hargreaves spent the last four seasons with Winnipeg after being selected 15th overall in the 2008 CFL Canadian college draft.

THE CANADIAN PRESS

NHL

Eberle among Lady Byng finalists

Defenceman Brian Campbell of the Florida Panthers, Edmonton Oilers right-winger Jordan Eberle and left-winger Matt Moulson of the New York Islanders were named Monday as finalists for the Lady Byng Memorial Trophy.

The award is given for



Jordan Eberle. GETTY IMAGES FILE

sportsmanship and gentlemanly conduct, in addition to a high standard of play.

THE CANADIAN PRESS

NHL

Blues' Halak ruled out to start series

St. Louis goalie Jaroslav Halak will not play in the first two games of the Blues' upcoming playoff series against the Los Angeles Kings. He was injured in Game 2 of the Blues' series against San Jose. THE CANADIAN PRESS

MLB



"It's a very hard day for me. It's been a great, great run.... It's been beautiful."

Ivan Rodriguez. The 14-time all-star catcher announced his retirement Monday, ending a 21-season playing career spent mostly with the Texas Rangers.

Rangers take Sens to Game 7



Derek Stepan celebrates the Rangers' first goal against the Senators Monday at Scotiabank Place in Ottawa.

JOSE F. MORENO/THE COURIER-POST/THE ASSOCIATED PRESS

NHL. Richards, Stepan help New York avoid elimination and send series back to Madison Square Garden

Put the upset on hold. The Ottawa Senators are going to have to win another game on Broadway to slay the Beasts of the East.

Brad Richards had a big goal and an assist while Derek Stepan added three points as the New York Rangers stayed off elimination Monday with a 3-2 victory over Ottawa.

The series will be decided by Game 7 at Madison Square Garden on Thursday night.

Not even the return of captain Daniel Alfredsson in front of the fired-up home crowd at Scotiabank Place could spark the Sens to the final victory needed to eliminate the top seed in the Eastern Conference. Chants of "Alfie! Alfie! Alfie" rang throughout the building to add even more emotion to the occasion.

But it was some of the Rangers' slumbering scorers who answered the bell, with Stepan, Richards and Chris Kreider scoring goals during a momentum-swinging second period.

Chris Neil and Jason Spezza replied for Ottawa.

It was yet another game played in the mud and the

By the numbers

11:11

Fans have come up with a way to honour what may be captain Daniel Alfredsson's final NHL season: When the game clock reaches 11:11 — Alfredsson wears No. 11 — the fans count down before repeatedly chanting "Alfie! Alfie! Alfie!"

trenches, which seemed to be just as the Senators wanted it. The underdogs had gained an upper hand in the series largely because of role players like Neil, who made a noticeable impact once again in Game 6.

The momentum seemed to be completely in Ottawa's favour when the first intermission hit, especially with goalie Craig Anderson locked into a lengthy shutout streak and looking sharp once again.

But the Senators lost their focus in the second period and saw the tide turn with the referees giving the Rangers four power plays in the frame.

A controversial call helped put the Rangers ahead for good.

New York received a lengthy 5-on-3 after Nick Foligno was sent off for goaltender interference — replays showed two Rangers players guiding him into Lundqvist — and Richards took advantage of the extra space by skating off the wall and beating Anderson high at 17:08. THE ASSOCIATED PRESS

NHL. Canucks try to come to grips with early ousting

Now, the soul-searching begins for the Vancouver Canucks.

A season that began with hype and hope ended Sunday in disappointment and dismay. The Canucks lost 2-1 in overtime to the Los Angeles Kings in the fifth game of their Western Conference quarter-final series.

The underdog Kings only qualified for the playoffs in the final days of the regular season. But they beat a favoured Canucks squad that finished atop the NHL's overall standings for the second straight season by a decisive 4-1 count in the best-of-seven series.

"We're all very disappointed



Vancouver's Henrik Sedin shakes hands Sunday with Kings goalie Jonathan Quick. RICH LAM/GETTY IMAGES

with how things turned out right now, and (we're) just going to step back and figure things out," said coach Alain Vigneault.

THE CANADIAN PRESS

MLB

Explanation in Braun drug case to be shelved?

People familiar with the case say there may never be a written decision explaining why Ryan Braun's drug suspension was overturned.

The arbitrator who threw out the 50-game suspension of the NL MVP has been asked by the players' union and management to hold off giving his reasoning while they negotiate changes to their rules for collecting specimens.

THE ASSOCIATED PRESS

Clemens. Gloves come off in opening statements

Prosecutors are painting Roger Clemens as a man who told lies and tells "other lies to cover up lies" after the court seated a jury that includes seven people who said they've never heard of the seven-time Cy Young Award winner now being retried on charges of lying to Congress.

Prosecutor Steven Durham made his opening statement Monday. He called Clemens a "great baseball player" who engaged in a "story of deceit and dishonesty and betrayal" instead of acknowledging alleged use of steroids and human growth hormone.

Back in court

Roger Clemens is accused of lying when he said he never used steroids or HGH at a 2008 congressional hearing and at a deposition that preceded it. The case is back in court after a mistrial last year.

On the fifth day of the trial, the court finally seated 12 jurors and four alternates. The 10 women and six men mostly said they didn't follow baseball or know much about Clemens.

THE ASSOCIATED PRESS



SPORTS

Coyotes-Blackhawks

Phoenix finishes off Chicago

Mike Smith made 39 saves and the Phoenix Coyotes scored three times in the final period to beat the Chicago Blackhawks 4-0 on Monday night and capture their opening-round series in six games. The Coyotes won a first-round series for the first time since moving to Phoenix for the 1996-97 season. It is the first series triumph for the franchise since 1987 when it was still the Winnipeg Jets. Monday night's game was the first in the series not to be decided in overtime. Phoenix plays Nashville in the next round.

THE ASSOCIATED PRESS

On the web



Albert Pujols got \$240 million US to come to Los Angeles as a free agent in the off-season, but he has yet to hit a home run in an Angels uniform in 2012. The slugger is mired in the second longest homer-less drought of his career for the slumping Angels. Scan the code for the story.

NATIONAL HOCKEY LEAGUE

STANLEY CUP PLAYOFFS

All Times Eastern

FIRST ROUND

CONFERENCE QUARTER-FINALS

(Best-of-7)

EASTERN CONFERENCE

N.Y. Rangers (1) vs. Ottawa (8)

(Series tied 3-3)

Last night's result

N.Y. Rangers 3 Ottawa 2

Thursday's game

Ottawa at N.Y. Rangers, TBD

Boston (2) vs. Washington (7)

(Series tied 3-3)

Sunday's result

Boston 4 Washington 3 (OT)

Tomorrow's game

Washington at Boston, 7 p.m.

Florida (3) vs. New Jersey (6)

(Florida leads series 3-2)

Tonight's game

Florida at New Jersey, 7:30 p.m.

Thursday's game

x-New Jersey at Florida, TBD

Pittsburgh (4) vs. Philadelphia (5)

(Philadelphia wins series 4-2)

Sunday's result

Philadelphia 5 Pittsburgh 1

WESTERN CONFERENCE

Vancouver (1) vs. Los Angeles (8)

(Los Angeles wins series 4-1)

Sunday's result

Los Angeles 2 Vancouver 1 (OT)

St. Louis (2) vs. San Jose (7)

(St. Louis wins series 4-1)

Phoenix (3) vs. Chicago (6)

(Phoenix wins series 4-2)

Last night's result

Phoenix 4 Chicago 0

Nashville (4) vs. Detroit (5)

(Nashville wins series 4-1)

x — played only if necessary.

RANGERS 3, SENATORS 2

First Period

1. Ottawa, Neil 2 (Gonchar, Foligno) 7:05 (pp)

Penalties — Rupp NYR (roughing) 5:47, Carkner Ott (delay of game) 10:02, Prust NYR, Neil Ott (fighting) 15:10, Smith Ott (roughing) 18:06.

Second Period

2. N.Y. Rangers, Stepan 1 (Richards, Stralman) 8:55 (pp)

3. N.Y. Rangers, Richards 2 (Del Zotto, Stepan) 17:08 (pp)

4. N.Y. Rangers, Kreider 1 (Stepan, Staal) 19:19

Penalties — Prust NYR (cross-checking) 6:22, Michalek Ott (holding) 7:57, Silfverberg Ott (boarding) 9:18, Kreider NYR (goaltender interference) 14:28, Kuba Ott (hooking) 15:42, Foligno Ott (goaltender interference) 15:58.

Third Period

5. Ottawa, Spezza 3 (Greening) 19:21

Penalties — Prust NYR (tripping) 1:44, Turriss Ott (slashing) 4:11, Gaborik NYR (hooking) 8:20.

Shots on goal by

N.Y. Rangers 7 8 7 22

Ottawa 6 7 14 27

Goal — N.Y. Rangers: Lundqvist (W,3-3); Ott-tawa: Anderson (L,3-3).

Power plays (goals-chances) — N.Y. Rangers: 2-6; Ottawa: 1-5.

Referees — Steve Kozari, Tim Peel.

Linesmen — Lonnie Cameron, Shane Heyer.

Att. — 20,500 (19,153) at Ottawa.

COYOTES 4, BLACKHAWKS 0

First Period

No Scoring.

Penalties — Chipchura Pho (holding) 9:11, Kei-til Chi (delay of game) 13:36.

Second Period

1. Phoenix, Ekman-Larsson 1 (Yandle, Whit-ney) 13:14 (pp)

Penalties — J.Toews Chi (interference) 12:22, Langkow Pho (tripping) 18:24.

Third Period

2. Phoenix, Brule 2 (Chipchura) 2:24

3. Phoenix, Vermette 4 (Boedker, Ekman-Lars-son) 13:04 (pp)

4. Phoenix, Chipchura 1 (Brule, Langkow) 14:56

Penalties — Hayes Chi (boarding major, game misconduct; served by Stalberg) 8:47, Kane Chi (misconduct) 17:10.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	10	6	.625	—
Toronto	10	6	.625	—
Baltimore	9	7	.563	1
Tampa Bay	9	7	.563	1
Boston	5	10	.333	4½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	10	6	.625	—
Chicago	9	6	.600	½
Cleveland	8	6	.571	1
Minnesota	5	12	.294	5½
Kansas City	3	13	.188	7

WEST DIVISION

	W	L	Pct	GB
Texas	13	4	.765	—
Oakland	8	9	.471	5
Seattle	7	10	.412	6
Los Angeles	6	10	.375	6½

Last night's results

N.Y. Yankees 7, Texas 4

Boston 6, Minnesota 5

Toronto 4, Kansas City 1

Chicago White Sox at Oakland

Sunday's results

Texas 3, Detroit 2, 11 innings

Tampa Bay 6, Minnesota 2

Toronto 5, Kansas City 3

Baltimore 3, L.A. Angels 2, 10 innings

Oakland 5, Cleveland 1

Chicago White Sox 7, Seattle 4

N.Y. Yankees at Boston, ppd., rain

Today's games

Kansas City (J.Sanchez 1-0) at Cleveland

(D.Lowe 2-1), 7:05 p.m.

Seattle (Vargas 2-1) at Detroit (Scherzer 1-1), 7:05 p.m.

Toronto (H.Alvarez 0-1) at Baltimore

(Tom.Hunter 1-1), 7:05 p.m.

L.A. Angels (E.Santana 0-3) at Tampa Bay

(Price 2-1), 7:10 p.m.

N.Y. Yankees (Kuroda 1-2) at Texas (Darvish 2-0), 8:05 p.m.

Boston (Beckett 1-2) at Minnesota (Blackburn 0-1), 8:10 p.m.

Chicago White Sox (Floyd 1-2) at Oakland

(Milone 2-1), 10:05 p.m.

BLUE JAYS 4, ROYALS 1

Toronto	ab	r	h	bi	Kansas City	ab	r	h	bi
YEscor ss	4	0	0	0	Getz 2b	3	0	1	0
KJhmn 2b	2	1	1	0	AGordn lf	4	0	0	0
Bautist rf	4	1	1	2	Butler dh	4	0	0	0
Encnc dh	4	0	0	0	Hosmer 1b	4	1	2	1
Lawrie 3b	4	1	2	0	Franc rf	4	0	1	0
RDavis lf	4	0	1	1	Mostks 3b	4	0	2	0
Lind lb	4	0	1	0	B.Pena c	4	0	1	0
Arendi c	4	0	1	0	Maier cf	4	0	0	0
Rasms cf	3	0	1	0	AEscors ss	2	0	2	0
Totals	33	4	8	4	Totals	33	1	9	1

Toronto 100 002 001 4

Kansas City 010 000 000 1

E—Morrow (1), DP—Toronto 2, Kansas City 1.

LOB—Toronto 4, Kansas City 7. 2B—Rasmus

(2), Getz (2), Moustakas (7), B.Pena (4),

A.Escobar (5), 3B—Lawrie (1), HR—K.Johnson

(4), Bautista (3), Hosmer (4), CS—R.Davis (2).

S—Getz.

IP H R ER BB SO

Toronto

Morrow W,1-1 6-2 3 7 1 1 1 3

L.Perez H,1 11-3 1 0 0 0 0 0

Cordero S,2-2 1 1 0 0 0 0 0

Kansas City

B.Chen L,0-2 7 6 3 3 2 3

Crow 1 0 0 0 0 1

Broton 1 2 1 1 0 0

WP—B.Chen, PB—Arendicia,

T—231. A—13,267 (37,903).

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	12	4	.750	—
Atlanta	10	6	.625	2
New York	8	8	.500	4
Miami	7	8	.467	4½
Philadelphia	7	9	.438	5

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	11	6	.647	—
Milwaukee	8	9	.471	3
Cincinnati	7	9	.438	3½
Pittsburgh	6	9	.400	4
Houston	6	11	.353	5
Chicago	5	12	.294	6

WEST DIVISION

	W	L	Pct	GB
Los Angeles	12	4	.750	—
San Francisco	9	7	.563	3
Colorado	8	7	.533	3½
Arizona	8	8	.500	4
San Diego	5	12	.294	7½

Yesterday's results

San Francisco 6, N.Y. Mets 1, 1st game

Colorado at Pittsburgh, ppd., rain

San Francisco 7, N.Y. Mets 2, 2nd game

Chicago Cubs 3, St. Louis 2

Milwaukee 6, Houston 5

Philadelphia at Arizona

Atlanta at L.A. Dodgers

Sunday's results

San Francisco at New York, ppd., rain

St. Louis 5, Pittsburgh 1

Miami at Washington, ppd., rain

Houston 12, L.A. Dodgers 0

Colorado 4, Milwaukee 1

Cincinnati 4, Chicago Cubs 3

San Diego 6, Philadelphia 1

Arizona 6, Atlanta 4

Today's games

Colorado (Moyer 1-2) at Pittsburgh (Correia 1-0), 7:05 p.m.

Miami (Jo.Johnson 0-2) at N.Y. Mets

(J.Santana 0-2), 7:10 p.m.

San Francisco (M.Cain 1-0) at Cincinnati

(Latos 0-2), 7:10 p.m.

St. Louis (Wainwright 0-3) at Chicago Cubs

(Samardzija 2-1), 8:05 p.m.

Houston (Norris 1-0) at Milwaukee (Wolf 0-2), 8:10 p.m.

Philadelphia (Worley 1-1) at Arizona (Coll-menter 0-1), 9:40 p.m.

Washington (G.Gonzalez 1-0) at San Diego

(Richard 1-1), 10:05 p.m.

Atlanta (Minor 2-1) at L.A. Dodgers (Harang 1-1), 10:10 p.m.

LACROSSE

NLL

WEEK 17

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Toronto	15	8	7	.533	186	185	-
x-Philadelphia	15	7	8	.467	169	198	1
x-Buffalo	15	6	9	.400	181	188	2
x-Rochester	15	6	9	.400	182	190	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
y-Calgary	16	12	4	.750	216	170	-
x-Colorado	15	11	4	.733	204	185	½
x-Minnesota	15	8	7	.533	186	177	3½
x-Edmonton	15	6	9	.400	156	163	5½
Washington	15	4	11	.267	163	187	7½

x — clinched playoff berth.

Saturday, Apr. 28

Philadelphia at Rochester, 7:30 p.m.

Colorado at Minnesota, 8 p.m.

Toronto at Edmonton, 9 p.m.

Buffalo at Washington, 10:30 p.m.

END OF REGULAR SEASON

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
y-Chicago	48	16	.750	—
y-Miami	46	18	.719	2
x-Indiana	42	23	.646	6½
y-Boston	37	27	.578	11
x-Atlanta	38	26	.594	10
x-Orlando	36	28	.563	12
x-New York	34	30	.531	14
x-Philadelphia	34	30	.531	14
Milwaukee	31	33	.484	17
Detroit	24	41	.369	24½
New Jersey	22	43	.338	26½
Toronto	22	43	.338	26½
Cleveland	21	43	.328	27
Washington	18	46	.281	30
Charlotte	7	57	.109	41

WESTERN CONFERENCE

	W	L	Pct	GB
z-San Antonio	48	16	.750	—
y-Oklahoma City	46	18	.719	2
x-L.A. Lakers	41	24	.631	7½
x-L.A. Clippers	40	24	.625	8
x-Memphis	40	25	.615	8½
x-Denver	36	28	.563	12
x-Dallas	36	29	.554	12½
Utah	34	30	.531	14
Phoenix	33	31	.516	15
Houston	33	32	.508	15½
Portland	28	37	.431	20½
Minnesota	26	39	.400	22½
Golden State	23	41	.359	25
Sacramento	21	43	.328	27
New Orleans	20	44	.313	28

d — division leader; x — clinched playoff berth;

y — clinched division

Last night's results

Indiana 103, Detroit 97

Crossword

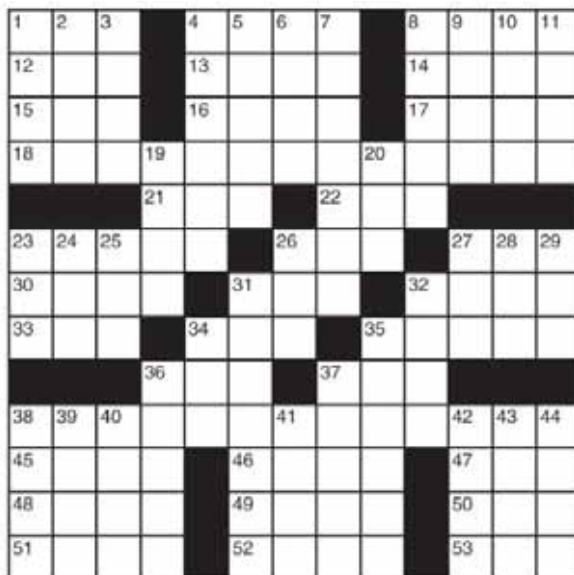
Across

- 1 Wanted-poster abbr.
4 Throat clearer
8 Impale
12 In the thick of
13 Prolonged sleep
14 "The Music Man" locale
15 Put off paaying
16 Invent a word
17 Succeed at horticulture
18 TV show set in Arlen, Texas
21 Mule's daddy
22 Feedbag tidbit
23 Dangle a carrot
26 Supporting
27 Indispensable
30 Woodwind
31 Spitball
32 Jazz style
33 — -Wan Kenobi
34 Zero-star review
35 Fills till full
36 Sandy's comment
37 Shade provider
38 Pennsylvania town
45 Bloodhound's clue
46 Rings around the collar?
47 URL end
48 Unescorted
49 Apiece
50 Packed away
51 Lotion additive

- 52 Dispatch
53 Took off

Down

- 1 Uncontrollable
2 Chinese gooseberry
3 Mideast gulf
4 Approach aggressively
5 Stock footage?
6 Send forth
7 Boy's eventual status
8 Vision
9 Actress Spelling
10 MPs' captive
11 Wail loudly
19 Yawn
20 Corn spike
23 Excessively
24 Undergo recession
25 "Ostentatious? —?"
26 Enthusiast
27 DIY buy
28 Enos' granny
29 "Undeniably"
31 Brunch entree
32 Predicaments
34 Expert
35 Like wet snow
36 Correspond
37 "All My Children" role
38 Caffeine-rich nut



- 39 "American —"
40 Admonition to Nanette
41 Ring out

- 42 Cicatrix
43 Tittle
44 Congregation's cry

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

Q IYRUQMIQAU, WYYCXAF
CXJY XU LXLA'U EKQIFY
YAZMFK WZI WXCCYUR,
LYEXLYL UZ IQXRY UKY
RUYQJR.
Yesterday's Cryptoquip: SUPPOSING YOU HAD
YOUR PICTURE TAKEN BY A BIG ALASKAN
BEAR, I'D CALL THAT A KODIAK MOMENT.
Today's Cryptoquip Clue: L equals D

Horoscope

- ♈ **Aries** | March 21 - April 20.
Partners and colleagues will happily shovel more work in your direction today — and you will happily shove it back at them.
♉ **Taurus** | April 21 - May 21.
You will be hugely assertive over the next few days.
♊ **Gemini** | May 22 - June 20.
Someone may have let you down once but that does not mean they will let you down again.
♋ **Cancer** | June 21 - July 22. If there is something that needs doing in your life that you feel is beyond your capabilities then call in an expert.
♌ **Leo** | July 23 - Aug. 22. Try not

- to make a bad impression on someone you have to deal with.
♍ **Virgo** | Aug. 23 - Sept. 22.
This will be one of those wonderful days when everything goes right for you, even if you do the wrong things.
♎ **Libra** | Sept. 23 - Oct. 22.
Whatever the majority opinion happens to be at the moment you will take the opposing view, just for the fun of it.
♏ **Scorpio** | Oct. 23 - Nov. 21.
Do you have secret enemies? Maybe. Are they lining up to stab you in the back? Of course not.
♐ **Sagittarius** | Nov. 22 - Dec. 21.
Get your chores out of the way

- as quickly as possible.
♑ **Capricorn** | Dec. 22 - Jan. 20.
This is potentially one of the best days of the year for you as the Sun and Mars join forces across the most dynamic angles of your chart.
♒ **Aquarius** | Jan. 21 - Feb. 18.
Just because you don't much like someone does not mean you cannot work together on the same team.
♓ **Pisces** | Feb. 19 - March 20.
You have been quietly working away behind the scenes and very soon will get the breakthrough you have been hoping for. When it arrives stay calm and resist the urge to make a big thing of it. Modesty is your strength.
SALLY BROMPTON

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Weather

TUESDAY



MAX: 20°
MIN: 9°

WEDNESDAY



MAX: 19°
MIN: 7°

THURSDAY



MAX: 14°
MIN: 5°



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WEATHER SPECIALIST

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WEEKDAYS 5:30 AM



Caption Contest

Tell Lady GaGa my beard is not for sale!

Agatha

FELIX KAESTLE/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

BLAH

HURT

NUMB

ANGRY

ANXIOUS

DOWN

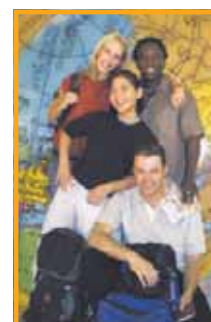
NOT
myself
TODAY

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UP TO \$7,000 IN REBATES

2012 RAV4 V6 4WD:
UP TO \$4,000 IN REBATES

**ATTENTION CURRENT LOYAL
TOYOTA OWNERS!**

**A COUNTRY HILLS TOYOTA FIRST -
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RECEIVE AN ADDITIONAL \$750.00 REBATE!!**

OFFER EXPIRES APRIL 21ST, 2012. VALID ONLY AT COUNTRY HILLS TOYOTA SCION.

2012 Yaris HB



**ONLY
\$198/mo**

Earn up to
10,000
Aeroplan Miles

5 DOOR CONVENIENCE PKG
MODEL #KTUD3P BA



2012 Camry LE



**ONLY
\$268/mo**

Earn up to
10,000
Aeroplan Miles

MODEL #BF1FLT AA



2012 Highlander V6-4WD



**ONLY
\$438/mo**

Earn up to
10,000
Aeroplan Miles

MODEL #BK3EHA AA



2012 Corolla Sport, LE & XRS



**UP TO
\$3000
IN REBATES**

MODEL #BU44E, BE40E, BU46E



2012 Prius V



**ONLY
\$299/mo**

Earn up to
10,000
Aeroplan Miles

MODEL #ZN3EUP AA



2012 Sienna V6



**ONLY
\$323/mo**

Earn up to
10,000
Aeroplan Miles

MODEL #ZK3DCT AA



2012 Tacoma 4X4 Access Cab



**ONLY
\$318/mo**

Earn up to
15,000
Aeroplan Miles

MODEL #UX4ENP



2012 Tundra Double Cab 5.7L 4X4



**ONLY
\$419/mo**

Earn up to
15,000
Aeroplan Miles

MODEL #UY5F1T BA



2012 SCION XD

STARTING FROM ONLY
\$17,200



2012 SCION XB

STARTING FROM ONLY
\$18,270



2012 SCION TC

STARTING FROM ONLY
\$20,850



2012 SCION iD

STARTING FROM ONLY
\$16,760



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**Cash Incentives include cash rebates and cash discount. Vehicles may not be exactly as illustrated. Aeroplan Miles may not be combined with any other offer. 2012 Yaris HB - 2.9% / 36 mth finance, Low KM Lease - 60 Month Lease; 2012 Prius V - ZN3EUP AA (green rates) - 1.9% / 36 mth finance, Low KM Lease - 60 Month Lease; 2012 Highlander - 4WD V6: BK3EHA AA - 2.9% / 36 mth finance, Low KM Lease - 60 Month Lease; 2012 Corolla Sport, LE & XRS: BU44E, BE40E, BU46E - includes \$1,000 Cash Incentive and \$2,000 Cash Discount; 2012 Matrix XRS / AWD - LE4EPP, ME4EEM/A - includes \$1,250 Cash Incentive and \$1,750 Cash Discount; 2012 Camry LE: BF1FLT AA - 0.9% / 36 mth finance rate, Low KM Lease - 60 Month Lease; 2012 Tacoma 4X4 Access Cab: UX4ENP - 2.9% / 36 mth, Low KM Lease - 60 Month Lease; 2012 Sienna V6: ZK3DCT AA - 500 Cash Incentive in down (0.9% / 36 mth), Low KM Lease - 60 Month Lease; 2012 Tundra Double Cab 5.7L 4X4: UY5F1T BA - \$2,000 Cash Incentive in down, Low KM Lease - 60 Month Lease; 2012 Tundra CrewMax (UY5F1T, HY5F1T) - includes \$2,000 Cash Incentive and \$4,000 Cash Discount; 2012 RAV4 V6 4WD: BK4DVA, DK4DVA - includes \$1,000 Cash Incentive and \$3,000 Cash Discount \$750 Loyalty Coupon. Must Be Presented At Time Of Deal Making. Cannot Be Combined With Any Other Offer.